

December

TURKEY THICKET AQUATIC CENTER
1100 MICHIGAN AVE NE WASH DC 20017
Mon-Fri 6:30am-8pm & Sat 9-5p
(202) 576-9235

MOVE • GROW • BE GREEN with  **DPR**
DC DEPARTMENT OF PUBLIC WORKS

Please visit dpr.dc.gov for pool maintenance closure schedules

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|---|---|
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 8 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 9 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 10 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 11 | 12 |
| 13 | 14 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 15 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm- | 16 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 17 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 18 Water Aerobics: Aqua Zumba 6:30-7:30pm | 19 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 20 | 21 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 22 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 23 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 24 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 25  | 26 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 27 | 28 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 29 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 30 Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 31 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 1  | 2 |

January

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DC DEPARTMENT OF PARKS AND RECREATION


| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|--|---|
| 27 | 28 | 29 | 30 | 31 | 1  | 2 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 3 | 4 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 5 | 6 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 7 | 8 Water Aerobics: Aqua Zumba 6:30-7:30pm | 9 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 10 | 11 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 12 | 13 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 14 | 15 Water Aerobics: Aqua Zumba 6:30-7:30pm | 16 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 17 | 18  | 19 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 20 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 21 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 22 Water Aerobics: Aqua Zumba 6:30-7:30pm | 23 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 24 | 25 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 26 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 27 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 28 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 29 Water Aerobics: Aqua Zumba 6:30-7:30pm | 30 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |

February

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|-----|--|---|---|--|---|---|
| 31 | 1 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves- 5:45-6:30pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 2 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 3 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves- 5:45-6:30pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 4 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 5 Water Aerobics: Aqua Zumba 6:30-7:30pm | 6 Parent & Child A: 9:30-10:00am Parent & Child B: 10:15-10:45am Preschool Aquatics 11:00-11:30am |
| 7 | 8 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves- 5:45-6:30pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 9 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 10 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves- 5:45-6:30pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 11 Shallow Water Aerobics 7:00-8:00am LTS Senior L1: 9-9:30am LTS Senior L2: 9:45-10:15am LTS Adult L1: 5-5:30pm LTS Adult L2: 5:45-6:15pm LTS Adults L3: 6:30-7:15pm Deep Water Aerobics: 6:30pm-7:30pm | 12 Water Aerobics: Aqua Zumba 6:30-7:30pm | 13 |
| 14 | 15  | 16 | 17 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am Water Aerobics- Abs & Glutes 1pm-2pm Junior Waves- 5:45-6:30pm LTS Child L1: 5-5:30pm LTS Child L2: 5:35-6:05pm LTS Child L3: 6:10-6:50pm LTS Child L4: 7:00-7:45pm | 18 | 19 Water Aerobics: Aqua Zumba 6:30-7:30pm | 20 |
| 21 | 22 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 23 | 24 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 25 | 26 | 27 |
| 28 | 29 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 1 | 2 Senior Aerobics 8-8:45am Senior Aerobics 9-9:45am | 3 | 4 | 5 |